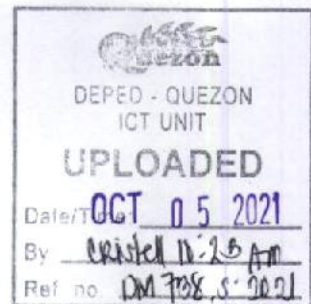




Republic of the Philippines  
**Department of Education**  
Region IV-A  
SCHOOLS DIVISION OF QUEZON PROVINCE



30 September 2021

**DIVISION MEMORANDUM**

DM No. 708, s. 2021

**MENTAL HEALTH AND PSYCHOSOCIAL SUPPORT BEFORE THE OPENING OF THE LIMITED FACE-TO-FACE CLASSES FOR PILOT TESTING SCHOOLS**

To: OIC-Schools Division Superintendents  
Division Chiefs  
Section/Unit Heads  
Education Program Supervisors  
Public Schools District Supervisors of Select Schools  
School Heads of Select Schools  
Teaching and Non-teaching Personnel  
School Health Personnel  
All Others Concerned

1. To further strengthen the role of teachers as the education frontline amid COVID-19 pandemic, the Schools Division of Quezon, through the SGOD - School Health Section, is conducting a mental health and psychosocial support to teachers of select schools who are qualified and participating in the limited face-to-face learning modality, on **October 6, 2021** via online platform.
2. Relative to this, the following schools are enjoined to participate
  - a. **Lagmak Elementary School, Lumutan Elementary School and Dinigman Elementary School of General Nakar District;**
  - b. **Tamulaya Elementary School of Polillo District; and**
  - c. **Pablo Maningas National High School of Quezon District.**
3. This program aims to provide basic knowledge and skills to help educators look after their wellness, develop psychosocial resilience to cope better with the challenges amidst the pandemic, and enable them to fulfil their respective duties and responsibilities.
4. Immediate dissemination of this Memorandum is desired.

**ELIAS A. ALICAYA JR., EdD**  
Assistant Schools Division Superintendent  
Officer-in-Charge  
Office of the Schools Division Superintendent

shs/mcc/09/30/2021

DEPEDQUEZON-TM-SDS-04-009-003



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**MENTAL HEALTH AND PSYCHOSOCIAL SUPPORT FOR TEACHERS AMIDST THE  
COVID-19 PANDEMIC IN THE FACE-TO FACE- LEARNING MODALITY**

**PROGRAM OF ACTIVITIES**

**October 6, 2021**

**Online Platform**

**8:30-10:30 AM**

<b>Time</b>	<b>Topic/ Activity</b>	<b>Responsible Person</b>
8:30- 8:40	Opening Session a. Opening Prayer b. National Anthem	MVP
8:40-8:45	Roll-Call/Acknowledgement of the Participants	
8:45- 9:00	Welcome Remarks	<b>Elizabeth M. De Villa</b> SGOD-Chief
9:00- 9:15	Message	<b>Elias A. Alicaya, Jr. Ed.D</b> Schools Division Superintendent Officer-in-Charge Office of the Schools Division Superintendent
9:15- 10:20	Mental Health And Psychosocial Support in the New Normal Open Forum	<b>Ms. Mitos Amadel S. Villamor</b> <b>Registered Guidance Counselor</b> <b>Infanta NHS</b>
10:20-10:30	Closing Message	<b>Marie Antoinette Aguinado-Tesalona, MD</b> Medical Officer III
Facilitator: Rea M. Merana, RN May Ann Gail C. Candelaria, RN		